

Volunteering for Hospice South Canterbury Information Sheet

Volunteers can work for Hospice South Canterbury in a variety of ways.

Patient Contact Roles

<u>Evening Meals – Cooks come into Hospice on a rostered basis to cook the evening meal for the patients. We serve light meals at tea. Approx 5pm-6.30pm.</u>
Please note evening cooks are not always required every night.

<u>In-patient Unit Volunteer</u> -Preparing breakfast for the patients and any small jobs. Training is required and you would be rostered on once or twice a month - 8.30am - 10.00am.

<u>Drivers</u> – are required for patients or relatives who are unable to drive, to take them to appointments or to and from the Hospice. These are local trips. We also have drivers to support the cottage therapy centre. Mondays 9.30am and return 2pm.

<u>Flowers</u> – in the unit are tidied and arranged around the unit, offices and for the patients. Usually rostered one Monday a month.

<u>Bereavement Support</u> – These volunteers are specially trained in supporting relatives after the death of the patient.

The Cottage -Therapeutic services Mondays 10-2pm

These volunteers will be required to have special skills in one or some of the following areas. Massage, Reiki, art therapy, creating a memory book, scrapbooking, creative activities, and meditation.

Volunteers who have patient contact in relation to their work are required to go through a more formal application process. They are expected and encouraged to attend training sessions that are offered through the year.

Non-Patient contact roles

<u>Gardeners</u> – A group of people maintain the gardens around the Hospice, The Cottage and shop. They put in as much work as is required on their "patch".

<u>Fundraising</u> – This group organises the bigger fundraising events, like of the Home and Garden, The Caroline Bay Rock and Hop.

<u>Hospice Shop</u> - Volunteers help out in the shop on a monthly roster system. The shop hours are Tuesday – Saturday 10.00am-4.00pm

<u>Equipment/Handyman/General</u> – From time to time we require small maintenance jobs to be done around the premises, or some heavier jobs associated with fundraising events.

Anyone who wishes to help with other "non patient contact" activities can contact the Manager of Volunteering and place their name on the lists for any of those activities.

All volunteers are invited to attend the "Orientation and education sessions" that are run throughout the year.

For more information please contact -

Manager of Volunteering South Canterbury Hospice

Phone 03 687-7677 8.30am – 1.30pm Monday – Thursday.